Tourism and Destinations

GMT services Central American countries including Costa Rica, Panama, Nicaragua, and the Dominican Republic.

Our trips also proudly provide students with exciting and enriching cultural experiences. GMT offers its participants guided tours and many opportunities to interact with the locals to learn their customs and language, and enjoy their dishes.

FAQs

Who are we looking for?
Pre-healthcare students, medical students, or anyone who is willing to volunteer in a foreign country is welcome to participate in our international trips. Participants are not required to have any foreign language skills, prior knowledge of medicine, or fulfill academic requirements.

When are the trips?
GMT offers trips during winter, spring, and summer breaks. We also offer customized trips for groups of 12 students or more to better accommodate a particular group’s schedule and interests.

How many people go on the trips and how long do they last?
GMT welcomes groups ranging from 12-40 students. Our international trips last for a period of 8 to 12 days.

Do I have to pay for the entire cost of the trip?
No! We provide scholarships and some medical equipment for students to bring abroad.

For more information

Official: http://www.gmtonline.org/
UCLA Chapter: http://www.studentgroups.ucla.edu/gmt/
Email: GMTatUCLA@gmail.com
Global Medical Training (GMT) is a non-profit International Humanitarian Organization that provides medical services to poor communities in Central American countries. Our main purpose is to offer healthcare students and professionals a truly international experience that will expand their understanding of medicine and life outside of the United States.

This organization was created by physician Dr. Wil Johnson MD and administrator Santiago Mora. Their vision is to offer a heart and mind changing experience for students by having them be key participants in this effort.

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**About Our Trips**

During the trips, students stay in the hotels of local towns. GMT provides transportation for all programmed activities. On clinic days, the team travels to more rural villages and sets up “field clinics” to treat the indigenous people of that area. Students separate into groups of 2-4 and work alongside doctors and medical students to see an average of 40 patients per clinic day. Clinics are usually set up in public spaces such as community halls, schools, and local churches.

After every day of hard work, students have the evenings to tour the local area and relax with fine dining.

**“Learn by Doing”**

- GMT Motto

GMT’s international trips provide an educationally enriching opportunity of gaining “hands-on” medical, dental, and pharmacy experience. We give undergraduates the unique chance to participate in diagnosing illnesses and prescribing medicine under the supervision of medical professionals. We integrate students directly into medical work and guarantee all participants full patient-to-student interaction.

**Within UCLA and Our Community**

We offer weekly medical workshops to equip our students with the necessary knowledge and confidence for our trips. Workshops include instructional sessions with UCLA medical students, lessons on diseases most common in third world countries, and clinic simulations.

GMT is also proud to stress the importance of community service. Members have the opportunity to volunteer at health fairs in the Los Angeles and Orange counties and participate in fundraising activities.