

## **UCLA Sport Taekwondo Open**

Saturday, January 17, 2009

Student Activity Center Gym, UCLA

[UCLAOpen@gmail.com](mailto:UCLAOpen@gmail.com)

### **Introduction**

Welcome to UCLA's third annual Sport Taekwondo Open. At this tournament, you will find experienced medical personnel, motivated and caring event staff, and opportunities to speak with real collegiate athletes from all over the United States. There will be universities from the Pacific West (Pac-West) Collegiate Taekwondo Conference, Southern California Collegiate Taekwondo Programs such as UC Irvine, UC Riverside, UC San Diego, and Pepperdine University.

This year, we have only one division but Color Belts with exceptional skill are welcome to join; all athletes' qualifications and fitness are subject to the discretion of the referee, medical personnel, or tournament director, before or during the competition. This integration and expectation follows the collegiate programs' tradition: the best athletes fight, not just the ones with black belts.

Collegiate Taekwondo Conferences like the Pac-West are working diligently to provide competitive and academic opportunities for young athletes. As defending conference champions, we at UCLA strive to help develop collegiate programs so that athletes can earn a world-class college degree and participate in world-class athletics. At the end of the day, we hope this event leave participants, amateur and seasoned, both enriched and inspired.

### **Competition Details**

#### **Sparring:**

Adult sparring rules will be based on current World Taekwondo Federation regulations. Junior (minor) sparring rules will be based on USA Taekwondo's recommendations.

Wherever possible, athletes in all age groups will be given a consolation match if the lost was from the athletes' first match. Each athlete will be allowed one coach; no coaches' pass necessary. After each match, both athlete and coach must leave the competition area and stay within the designated spectator arena.

*Required Gear:* Head Gear (either white or one that matches the chest protector's color)  
Mouthpiece (clear and single or double)  
Chest Guard (must cover all trunk scoring areas)  
Forearm guard  
Groin cup (required for males only; optional for females)  
Shin guard  
Instep guard (if pads are taped on, it must cover from the base of the toes to the top of the instep)  
WTF approved Hand gloves/protectors

*Optional:* Soft knee-pads, Elbow pads

*Not allowed:* markings on the required sparring gear aside from manufacturer logos (i.e. Mooto, Nike, etc.)

**Schedule:**

7-8am

8:30 am

9 am- TBD

**Check-in for all age groups****National Anthem****Competition start time****Match Information:**

<b>Age Group</b>	<b>Rounds per match</b>	<b>Match length</b>	<b>Rest Time between rounds</b>	<b>Ring Size</b>
11-13	<b>3</b>	<b>1 min. 30 sec.</b>	<b>30 sec.</b>	<b>10x10</b>
14-17	<b>3</b>	<b>1 min. 30 sec.</b>	<b>30 sec.</b>	<b>10x10</b>
18-32	<b>3</b>	<b>2 min.</b>	<b>30 sec.</b>	<b>10x10</b>

Athletes will be given match cards that show ring number and match profile. Top three finishers of each division will be awarded medals at the conclusion of those divisions.

**Directions and Parking:**

Black and white map of UCLA: <http://www.ucla.edu/map/map.html> (Student Activity Center Gym is located at coordinates E-3.5 on the map above). Please park at Structure 4, accessible by Sunset Blvd. Parking is \$8 per day. There are information kiosks throughout the campus, so finding us shouldn't be difficult.

## **UCLA Sport Taekwondo Open**

**Date:** Saturday, January 17, 2009

**Location:** Student Activity Center Gym, UCLA

### **How much does registration cost?**

- \$60 per athlete if emailed on or before Friday, January 9, 2009
- \$80 per athlete if emailed on or after Saturday, January 10, 2009
- \$200 day-of registration

### **How do I pay for registration?**

Cashier's Check, Money Orders, or Cash

### **Tentative Schedule:**

- 7-8 am All athletes please check-in inside Student Activity Center Gym
- 8:30 am Competition starts with 11-13 year-olds first

### **Who can participate?**

Red/Black Belts or Color Belts with exceptional skill

### **How do I register?**

It's paperless, we've gone **GREEN!** Simply email [UCLAOpen@gmail.com](mailto:UCLAOpen@gmail.com) with the following information:

1. Name
2. Age
3. Date of Birth
4. Your Taekwondo school's name:
5. Your Taekwondo school's location:
6. Your Approximate Weight:
7. Desired weight division (*does not apply to 11-13 year-old age-group*):
  - Fly
  - Feather
  - Welter
  - Cruiser (ONLY 14-17 year-old age group)
  - Heavy
8. Type your Full Name to authenticate the following statement  
(*For 17 years-old and under, please have one parent/legal guardian type name*):  
**I, the above athlete (or parent of the above athlete), certify that the above information is my (or my child's) current information and is correct. Any false information will result in disqualification from the event.**

### **What do I bring on the day of the tournament?**

1. Full sparring gear
2. Money Order, Check, or Cash
3. Identifying information (ie school ID, driver's license, passport, etc.)

### **Weight divisions (*for your curiosity*):**

<b>Age</b>	11-13	14-17	14-17	18-32	18-32
<b>Gender</b>	Male & Female	Male	Female	Male	Female
<b>Weight Division</b>	Divisions will be made after we receive the entries. We will maximize the amount of matches each athlete receives with careful regard for age, height, and weight.	<b>FLY</b> ≤ 106 <b>FEATHER</b> 106.1- 121 <b>WELTER</b> 121.1-138 <b>CRUISER</b> 138.1-160 <b>HEAVY</b> >160	<b>FLY</b> ≤ 97 <b>FEATHER</b> 97.1-108 <b>WELTER</b> 108.1-121 <b>CRUISER</b> 121.1-138 <b>HEAVY</b> >138	<b>FLY</b> ≤ 128 <b>FEATHER</b> 128.1-149 <b>WELTER</b> 149.1-176 <b>HEAVY</b> >176	<b>FLY</b> ≤ 108 <b>FEATHER</b> 108.1-125 <b>WELTER</b> 125.1-147 <b>HEAVY</b> >147
<b>Skill/Belt Level(s)</b>	Red/Black	Red/Black	Red/Black	Red/Black	Red/Black

NOTE: *Wherever possible, athletes in all age groups will be given a consolation match if the lost was from the athletes' first matches.*